

Allerlaatste kans: Session: 1: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Renterghem Delphine HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:4, starttime:	
Heat: 4/7 Lane : 5 Athlete: VAN BEYLEN STELLA							Q-time: 02:53:99	
PB (25m pool): 02:53.99 TEMSE 18/05/2025				PB (50m pool): no time SB: 03:03.12 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.38		01:25.28		02:15.59		02:53.99
	00:39.38		00:45.90		00:50.31		00:38.40	
								

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+							Heat:3, starttime:	
Heat: 3/4 Lane : 5 Athlete: VERMEULEN DAAN							Q-time: 02:15:79	
PB (25m pool): 02:15.85 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:15.79 SB: 02:15.85 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.10		01:05.66		01:41.36		02:15.85
	00:31.10		00:34.56		00:35.70		00:34.49	
								

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+							Heat:2, starttime:	
Heat: 2/4 Lane : 6 Athlete: VAN BEYLEN STELLA							Q-time: 01:29:00	
PB (25m pool): 01:29.00 TEMSE 18/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:40.44		01:29.00				
	00:40.44		00:48.56					
								

Coach feedback:

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Event number: 10: 100M BUTTERFLY MEN 11+					Heat:3, starttime:	
Heat: 3/4 Lane : 3 Athlete: VERMEULEN DAAN					Q-time: 01:14:72	
PB (25m pool): 01:14.72 Sinbad 05/10/2025					PB (50m pool): 01:16.71 SB: 01:14.72 Sinbad 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:34.63		01:14.72		
	00:34.63		00:40.09			
						

Coach feedback: